

**International Declaration of Health Freedom**  
***World Health Freedom Assembly 2006***  
***St. Paul, Minnesota***

***\*\*\*Held at the William Mitchell College of Law\*\*\****

*On September 29th and 30th, 2006, a World Health Freedom Assembly met in St. Paul, Minnesota and adopted and proclaimed an International Declaration of Health Freedom, the full text of which appears below. Following this historic act the assembly called upon all members of the human family, organizations, and countries present, and those others that wish to support this statement, to publicize the text of the Declaration and "to cause it to be honored, implemented, disseminated, displayed, read and endorsed by signature, by all people."*

***INTERNATIONAL DECLARATION OF HEALTH FREEDOM***

*We Declare That:*

*Recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice, and peace in the world.*

*Among the inalienable rights are not only the right to life, liberty, property, and the pursuit of happiness, but also the right to health, well-being, and survival.*

*Health is a state of physical, mental, spiritual, and personal social well-being, and not merely the absence of disease or infirmity.*

*In order to secure the right to health, a human being must be able to exercise his/her fundamental right to privacy and self-determination and the right to make personal choices in pursuit of health, healing, well-being and survival.*

*The right to choose requires that every individual holds the right to ultimately decide whether to obtain or reject any health treatment, research, or advice.*

*In order to fully exercise the fundamental right of privacy and self-determination, full access to health care practitioners, healers, researchers, treatments, services, products, devices, substances and information sources of their choice must be protected and preserved for each member of the human family.*

*Full access to health care practitioners, healers, researchers, treatments, services, products, devices, substances and truthful information is an inherent and fundamental right and is independent of the actions of any government or other regulatory public or private bodies.*

*There exist world-wide diverse healing arts theories, practices, treatments, substances, and modalities that are deemed by the people to contribute to their health and well-being, whether by one human or by many, and they need to be protected and available to all members of the human family.*

*The global adoption of these principles will strengthen the foundation of freedom, justice, and peace in the world.*